



## Infant Safe Sleep Policy

### Safe Sleep Practice:

1. All staff working in this room, or who may potentially work in this room, will receive training on our Infant Safe Sleep Policy.
2. Your baby will always be placed on their backs to sleep, unless there is a signed sleep position medical waiver on file. In that case, a waiver notice will be posted at your baby's crib and the waiver filed in their file.
3. The American Academy of Pediatrics recommends that babies are placed on their back to sleep, but when babies can easily turn over from their back to their stomach, they can be allowed to adopt whatever position they prefer to sleep.
4. Summerfield Academy will follow the recommendations by the American Academy of Pediatrics. However, the staff can further discuss with parents how to address circumstances when their baby turns onto their stomach or side.
5. Visually checking your sleeping baby. Your sleeping baby will be checked periodically by assigned staff. The sleep information will be recorded on a Safe Sleep Napping Checklist. Both the Daily Sheet and Safe Sleep Napping Checklist will be given to you, the parent/guardian, every day at pickup.
6. Steps will be taken to keep you baby from getting too warm or overheating by regulating the room temperature.

### Safe Sleep Environment:

1. Room temperature will be kept between 68 to 75 degrees. A thermometer will be kept in our infant rooms to insure proper temperature.
2. Your baby's head and crib will not be covered with blankets or bedding.
3. Based on Minimum Standards for childcare facilities, Summerfield Academy will not be able to swaddle your baby when sleeping. A sleep sack can be used, but no swaddle sleep sacks.
4. No loose bedding, heavy blankets, pillows, bumper pads, etc. will be used in your baby's cribs.
5. No toys or stuffed animals will be allowed in your baby's crib when they are sleeping.
6. Pacifiers will be allowed in your baby's crib while they sleep.
7. Only one baby will be in a crib at a time, unless we are evacuating babies in an emergency.
8. No smoking is permitted in the infant room or on the premises.
9. All parents/guardians of babies cared for in the infant room will receive a written copy of our Infant/Toddler Safe Sleep Policy before enrollment.

I, the undersigned parent or guardian of \_\_\_\_\_ (child's full name), do hereby state that I have read and received a copy of Summerfield Academy's Infant/Toddler Safe Sleep Policy and Summerfield's director/owner/operator (or other designated staff) has discussed Summerfield's Infant/Toddler Safe Sleep Policy with me.

Date of Child's Enrollment: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_

Signature of Summerfield Staff Member: \_\_\_\_\_